

# Jogging Route

## Freedom Trail

This paved, mostly shaded route is part of the PATH Foundation’s Stone Mountain Trail—which extends nineteen miles from Downtown to Stone Mountain Park—and offers a glimpse of the city without the crowds of the Beltline’s Eastside Trail. Gently rolling hills hold the interest of more experienced runners without intimidating beginners. Park at the MLK historic site for an out-and-back through the Old Fourth Ward, Inman Park, and Candler Park; as you crest the final hill on the return, the sight of Downtown filling the horizon will leave you as breathless as your run.

### Directions:

- 1.) Right down the driveway onto Peachtree Center Ave.
- 2.) Right out of the driveway and a right at the first light on to Baker Street.
- 3.) Walk straight until you reach Baker-Highland continue straight then make a right onto Jackson Street.

